

# HOW DOES A CHRISTIAN STOP SINNING?

## OUTLINE

### INTRODUCTION

#### I. WHY DOES A CHRISTIAN DO THINGS HE DOES NOT WANT TO DO?

- A. Because we want to sin.
- B. Lack of hatred for sin.
- C. We are tempted with sins we enjoy doing.
- D. Lack of commitment to Christ

#### II. IS IT REALLY NECESSARY TO CHANGE THESE SINS?

- A. Maybe they are only character defects?
- B. The answer is yes — all sin grieves God
- C. Let's look at Isaiah 43:24-25
- D. Psalm 119:9 "How can a young man keep his way pure?"
- E. Romans 8:8 "Those controlled by the sinful nature cannot please God"

#### III. CAN WE REALLY STOP THESE SINS?

- A. Romans 8:1-9, 12
- B. I Cor. 10:13
- C. I John 1:9
- D. How do we go about change?
- E. Need to have a vision to stop Proverbs 29:18
- F. Discipline I Tim. 4:7
- G. Gal. 5:1
- H. I John 5:3

#### IV. TEN WAYS TO VICTORY

1. *Resist the devil, and never run or retreat in fear*
2. *Bind satan out loud*
3. *Don't ever talk to your tempter*
4. *Don't dwell on that sin*
5. *Think about hating that sin*
6. *Think pure thoughts*
7. *Repel temptation with scripture*
8. *Keep a journal and examine your actions*
9. *Keep convicted*
10. *Love God*

### CONCLUSION

### PRACTICAL ASSIGNMENT